

RENASCENCE OF PARENTHOOD

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***Worthy Parenthood is the Respect to Family,
the Unity of Society, the Power and Wealth of the Country***

Why **renascence** of parenthood? What happened that we started talking not about the birth of a new child, but the revival of parenthood?

Parenthood is a complex phenomenon, which plays a crucial role in the preservation of the human population and civilization.

I will name 4 positions that form Parenthood: 1) genetic knowledge, 2) the attitude of parents to pregnancy and labor, 3) the relation to the breastfeeding, 4) the attitude to the children in the family and society.

I will briefly describe these positions:

1) Parenthood, the birth of children and their education, is a genetic knowledge possessed by all living things on Earth. First cell of new being - Zygote - receives the biological and psychological knowledge by parental genes. This knowledge spreads to all cells during their dividing and thus - all cells of man have a certain memory about reproduction. It includes: search a sexual partner, mutual attraction, sexual interaction, desire of conception, gestation, birth, breastfeeding and rearing child. All of this is a common information stored in the genetic system of the person and determines his sexual, and parental behavior.

2) Parenting is formed in addition by prenatal experiences, which are particularly closely related to the mother's attitude to pregnancy and childbirth, to her unborn child. This conceived future parent receives from his mother the emotional perception of the world and even her thoughts, includes them in the cellular memory and will live with these basic knowledge of his lifetime, adding to them his own experience. If parents have a positive attitude towards the unborn child, he will receive a full set of parental feelings of desiring, and welcoming. When parents have a negative attitude to it - the child before birth receives "the first lessons of hatred and rejection", which will complicate his life path.

3) Parenthood is formed in addition during breastfeeding. Breastfeeding is a strong emotional bond between mother and her child. This is a unique opportunity to form their attachment and pass the best qualities of the future worthy parents.

4) Parenthood is formed in the atmosphere of the relation to the children in the family, in society: the experience gained from their parents after birth becomes the basis for the functioning as parents in relation to their own children.

It would seem that Nature has determined, and the human society is certainly supported the mission of men and women to give birth to their own kind for the sake of preservation of the species. But we began to notice especially clearly during the last decades, that at significant proportion of young people of childbearing age have occurred the "annihilation" innate sense of bearing and rearing children.

What has led to a revision and destroying of the law of Nature? At what stage of the development of human society a deviation related to parenthood have occurred?

Analysis of social processes taking place in human society has shown that they are dynamic and multifactor phenomenon, and the loss of parental qualities occurred gradually over the centuries.

Since the 17-18th centuries global changes in human society at the same time included a number of events.

a) Formation of large cities. Urbanization with powerful mechanization of domestic life, liberating women from the drudgery of domestic work continues this day, making life in the city more attractive for its comfort and simplification of life. If by 1950, 30% of earthlings lived in cities, then in 2014 - the number was already 54%. And the movement of people to the city is expected to continue - and in 2050 will amount to - 66%. Most urban areas today: North America (82%), Latin America (80%), Europe (73%).

b) Industrialization and the establishment of factories with the formation of new technologies have required the significant human resources, because of that work involved not only men but also women.

c) Industrialization and the inevitable technological progress demanded the education, knowledge, expertise of members of society.

d) The intellectual development of both men and women are needed in their training and involvement of the development of society. Therefore, the education of women has acquired a special value.

d) Integration of women as a productive labour force in the work of enterprises and scientific and educational collectives led to divert them from their main concerns about the home, birth and parenting. But in the early stages of working women were paid very low and was frank exploitation of women.

This naturally gave impulse to organization of the **Feminism Movement** as an inevitable protest from the educated part of society. The **feminism ideas** were quite rightly - for gender equality, equality in education, decent work and equal pay with men for it.

But as it quite often happens - people are not satisfied with the achieved, and strive to achieve more. The idea of their careers for women has become the dominant feature by moving the birth of children to the second place. The family values changed, where leading compliment for women became a **diploma, degree, title**, and in the second place, less prestigious - the birth and upbringing of children. Pride Women for gestation, birth and upbringing of a decent citizen ceased to be a major moral value for women. This led to the idea of avoiding pregnancy. For example, the argument about the need to learn - sometimes serves this hidden desire, on an unconscious level - it often underlies the psychological infertility. These women using IVF often show others their desire to have a baby. Perhaps, therefore the effectiveness of this method is low: IVF completed birth of the child in only one out of four women (Wikipedia 7.8).

The changed attitude of the society to reproduction of children manifests itself in moving the birth of the first child to be closer to the age of 30 (in the European countries such women more than 40%), high frequency of small families, civil marriages, divorces, single-parent families, in favor of abortion. The extreme degree of such an attitude to parenting manifested in the emergence of the Childfree Movement and homosexual marriage.

Fear of death. The humanity along with the urbanization met with another psychological problem: increasing the fear of death. People live with the fear of death for thousands years. In women, the fear of death has increased due to the fear of death during childbirth. This was aided by an epidemic of puerperal fever, which is more than 200 years raged in maternity hospitals in Europe and America. The mortality of postpartum women was 30-40% and more!

It is not difficult to imagine the feelings and thoughts of women who had to give birth in hospitals with no guarantee that they will remain alive. And these feelings and thoughts perceived and stored in their unborn children, and they passed later to their children. Thus was formed a "vicious circle" of fear of death in women and men. These feelings increased by the mass media, literature, cinema, and now - by the Internet.

Fear of maternity hospital. Today the death in the maternity hospital is casuistic, but the fear of maternity hospital remained because of formal psychological atmosphere and high-frequency interference of professionals in the process of childbirth. Even obstetricians called this as "the obstetric aggression"(VE Radzinsky 2010). In fairness we must say that often the intervention of obstetricians is a necessary measure, since unrepaired fear women disrupts the normal course of labor.

In the 20th century the **Prenatal and Perinatal Psychology** began its development and discovered the emotional perception and functioning memory in the unborn child, and found the evidence of the impact of perceived impressions for the rest of the life of the individual.

Transgenerational epigenetic information. At the same time, Genetics and Epigenetics explained how the recording of information in the genes and the transmission of information from one generation to another is being done. This process called Transgenerational epigenetic inheritance. That is, the children even before birth are able to perceive and store in their memory, to be exact - in the genes and cellular memory, - maternal fears of death, to bring them into adulthood and then to pass them to the next generation of people.

In the modern world has increased, and gives life to the next generation of a significant number of men and women - carriers of prenatal and postnatal traumas (in the case under discussion - the fear of death), the information of which is stored in their genetic memory. They passed and continue to pass by genes to their offspring these injuries.

Morbidity. Perhaps a reflection of this process is the state of diseases in the population. As you know, in the Middle Ages and later widespread diseases of mankind is carried away by a third to a half of the population of Europe were infections (plague, cholera, leprosy, etc.). In the 20th century the first place among the causes of death out was the diseases of the cardiovascular system (21.9%) and cancer processes. To the 21st century Humanity has entered with an epidemic of mental disorders. According to WHO worldwide suffer from mental disorders 450 million people; Europe's mental illness affects about 15% of the population. In the early stages of disorders is more than 1/3 of the population. Schizophrenia affects 1% of the world's population. Each of the 4 teens has a mental disorder. Annually in the world commit suicide 1 100 000 people, and the unsuccessful attempts to make about 19 000000 people. According to the statement of Professor Cambridge University B.Sahakjan (2015), "... no one group of chronic diseases in the world is not worth more than of brain disorders. They affect people more often than cancer and cardiovascular diseases".

One reason for the epidemic of mental disorders is a high frequency and the degree of injury produced generations that transmit these traumas from generation to generation as transgenerational transmission of

psychiatric and psychosomatic traumas and disorders. Of course this does not support the idea of the desired and friendly parenthood, which resulted in the birth of mental and physical health of people.

Undesirability and violence. As a rule, prenatal psychological trauma is not limited to one topic. A significant contribution to its content made the various stressors, including ideas about the undesirability of the child in general and on the sex in particular. Unwanted children remain in the memory of their rejection and even violence as an attempt to have an abortion. During their grow up (not knowing that it was not their ideas, but the ideas of their mothers) they return to society by the high aggression and violence. The degree of damage depends on the position they occupy in society. Human society is disavowed the value of parenthood and desirability for its misfortune.

Why unfortunately? - I will explain.

In the 20th century, human society is suddenly faced with the phenomenon of aggression and mass violence in the form of two world wars, the Holocaust, terror in Stalin's Soviet Union, numerous local wars, revolutions, terrorist attacks and domestic violence everyday.

What's the matter? Why do parents kill their children, and children - their parents? How could this happen, that people began to massacre their own kind in their country or abroad? Why their leaders are gaining the support of a large number of their compatriots?

One part of the society, which carries the injury of undesirable and aggression, resonates at the leader's ideas, the other part - which carries the prenatal anxiety and depression, - is paralyzed, and in order to preserve their life and their loved ones also included in this group.

I hope you understand that this is only one of many factors - political, ideological, economical, social, psychological – which supports the high level of violence in society.

All of the above mentioned requires urgent and large-scale work.

What can remedy the situation?

Program for the Rehabilitation of Parenthood

1. First of all, the **Knowledge!**

Knowledge, which bases on the scientific data, which must gradually become a public opinion and should be available to the general mass of people.

This is possible if the Movement "**For Worthy Parenthood**" will be based.

2. This process should begin with the creation of the **Academy of Parenthood**, which will be organized and executed on research about the origins of parenthood and its deviations and ways to revival the genetic knowledge.

The Academy will work on the formation of social-psychological Programs and also training of the army of specialists in the field of psychology and technology of parenting.

3. Graduates of the Academy will create and work in a **School of Preparation Parents** for a successful childbirth and parenthood. Their goals will be: a) support in obtaining new knowledge about the unborn child, its emotional perception and memory functioning, will be psychological assistance to women and men in the psycho-emotional transition to a new level of thinking which includes ideas about the developing in her being – their child, their descendent.

Their objectives are:

a) the formation of a positive mental attitude to parenthood, if necessary - "cure" and create the motivation for parenthood in people who are preparing for this status.

b) School teachers will have to extend among people the modern knowledge about the emotional perception and memory of the unborn child, new knowledge about Natural analgesic, anti-stress System for the protection of mother and child at birth, the high importance of breastfeeding for mother and child, the psychology of family relationships, pedagogical approaches in the education of children and consequently, change their perception of child's conception, pregnancy, childbirth and the postnatal period and child rearing

The Program of Schools should include the following key questions.

1. Psychology of parenthood.
2. Prenatal child.
3. Mother, father.
4. Social and ecological environment of mother and child.
5. Ways and information exchange mechanisms between prenatal child and mother.
6. Childbirth. Holistic obstetrics.
7. Newborn Baby and Breastfeeding.
8. Mental trauma (prenatal and postnatal).

Conclusion

Ideally, the future parents must be born by parents free from traumas. They should be conceive as the desirable children, without maternal negative emotions during pregnancy. They must be born independently in term vaginally without medical intervention, with breastfeeding to a one year or more. They should be raised in love, without violence, and with intellectual supporting from conception. Such future parents will change the

attitude to the child as the successor of family traditions, as the defender of family and country, as the future decent, and respected man. Today these claims seem fantastic and are listed here solely as a guide.